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**U.S. Preventive Medicine[®], Mayo Clinic
Sign Agreement to Deliver Preventive Medicine Services**

***Mayo Clinic Joins
The Global Prevention Network[™] as Affiliate***

DALLAS, TX, March 20, 2009 — U.S. Preventive Medicine[®], the leader in disease prevention services, has signed a network participation agreement with Mayo Clinic Florida to jointly deliver preventive medicine services. Under the agreement, Mayo Clinic will become a participant in The Global Prevention Network[™], a select group of preeminent health care institutions with recognized research, preventive services and executive health programs in the U.S. and internationally.

As a participant in The Global Prevention Network, Mayo Clinic will serve as a worldwide referral partner for The Prevention Plan[™] and executive health programs as well as an educational partner in U.S. Preventive Medicine's international outreach efforts. Affiliates in the Global Prevention Network serve as referral partners, enabling U.S. Preventive Medicine to provide both national and global prevention solutions for employers, insurers and government entities.

Mayo Clinic is the first and largest integrated, not-for-profit group practice in the world. More than 3,400 physicians, scientists and researchers and 46,000 allied health staff work at Mayo Clinic's campuses in Minnesota, Florida and Arizona, collectively treating more than half a million people each year. In April 2008, a new 214-bed hospital opened in Jacksonville, Fla., featuring the latest medical and surgical technology, innovative operating suites, and spacious patient rooms.

U.S. Preventive Medicine, an emerging leader in prevention, offers a suite of powerful prevention, early disease detection and chronic condition management programs, including its groundbreaking The Prevention Plan, that improve health outcomes while reducing health care costs. The Prevention Plan is the first-of-its kind benefit concept solely focused on preventive

care, enabling individuals to determine their top health risks and receive a customized plan and ongoing personal attention to lower those risks and become healthier.

"U.S. Preventive Medicine is continually looking for opportunities to expand our preventive medicine business and the Mayo Clinic will be an ideal partner in helping us provide practical solutions for preventive and specialized care for our members," said Christopher Fey, Chairman and CEO of U.S. Preventive Medicine. "Our goal with the Global Prevention Network is to bring together the leading research, education and preventive and specialized care providers from around the world for the benefit of our members and all citizens. We are delighted to have the Mayo Clinic on our team."

"For years, Mayo Clinic has had the opportunity to provide comprehensive hospital and specialty outpatient services for millions of patients around the world. Our new relationship with U.S. Preventive Medicine is built upon a shared goal of providing not only the highest quality of care to every patient, every day, but encouraging members to take greater control of their own health with preventive services," said Mayo Clinic Florida Family Medicine physician John Presutti, D.O., who also serves as medical director for Mayo's contracting and payer relations department enterprise wide. "We are pleased to have the opportunity to better educate and encourage individuals and we look forward to a long relationship with U.S. Preventive Medicine."

About U.S. Preventive Medicine®

U.S. Preventive Medicine®, a privately-owned global prevention services company with clients nationwide and in the United Kingdom, provides primary, secondary and tertiary clinical prevention services to government, employers and consumers that are data-driven and outcomes-oriented. Company products include the world's first preventive health benefit, The Prevention Plan™, available to buy or test drive at www.USPreventiveMedicine.com and www.ThePreventionPlan.com.

About Mayo Clinic

Mayo Clinic is a private group practice of medicine dedicated to providing diagnosis and treatment of patient illnesses through a systematic focus on individual patient needs. Mayo provides comprehensive hospital and outpatient services at each of its major locations — Rochester, Minn.; Jacksonville, Fla.; and Scottsdale, Ariz. At each site, clinical practice is closely integrated with advanced education and research programs. Mayo also provides care through affiliated practices in Iowa, Minnesota and Wisconsin. In 2008, Mayo Clinic was recognized by *U.S. News & World Report* as one of America's Best Hospitals for the 19th straight year. Mayo received accolades in every specialty category the magazine ranked. Mayo is an affirmative action and equal opportunity educator and employer. For more information or to make an appointment, visit the Web at www.mayoclinic.org.

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